



Other languages



START 2023 - 2025

Selbstbestimmte Teilhabe auf dem Arbeitsmarkt

Ein Projekt für zugewanderte Frauen

What is “START”?

The project "START - Self-determined participation in the labor market" is carried out jointly by the International Rescue Committee, FöTEV-Nds e.V. and the Ukrainian Association in Lower Saxony e.V. in the region and city of Hanover from 01.01.2023 - 31.12.2025. Women with refuge or migration experiences receive support here in finding a job, in professional reorientation and have the chance to improve their German language skills. They can also meet and talk to other women and receive help in finding suitable childcare.

Find your way to your dream job.

- **Participation free of charge**
- **Playroom for your children**

Das Projekt „START – Selbstbestimmte Teilhabe auf dem Arbeitsmarkt“ wird im Rahmen des Programms „My Turn – Frauen mit Migrations-erfahrungen starten durch“ durch das Bundesministerium für Arbeit und Soziales und die Europäische Union über den Europäischen Sozialfonds Plus (ESF Plus) gefördert.

Gefördert durch:



What we offer

The project offers interested women various courses designed to help them enter the German labor market in the long term or to improve their current professional situation. We can provide the following support:

Individual and Free Consultation and Support

Get individual guidance and clarify all your questions about working in Germany

Vocational Training Courses and Empowerment

Strengthen your self-confidence together with other women and get tips for your dream job and job application

Language Cafés

In the language café you can learn German and meet other women. Here you can talk about everyday life and topics such as "balancing family and career"

Computer Courses

Learn how to use the computer and the internet. Get tips on writing e-mails and online applications

Peer-Mentoring

Meet women with work experience and get helpful tips for your career and everyday life in Germany

Contact

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